

**A theory-based instrument  
to assess the impact of continuing  
professional development activities  
on professional behavior change**

*The CPD Reaction Questionnaire*



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#### **Partners of the research project**

Fédération des médecins spécialistes du Québec  
Collège québécois des médecins de famille  
Fédération des médecins omnipraticiens du Québec  
The Canadian Medical Protective Association

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#### **Suggested citations:**

Legare F, Borduas F, Jacques A, Laprise R, Voyer G, Boucher A, Luconi F, Rousseau M, Labrecque M, Sargeant J, Grimshaw J, Godin G (2011) Developing a theory-based instrument to assess the impact of continuing professional development activities on clinical practice: a study protocol. *Implement Sci* 6: 17.

Légaré F, Borduas F, Freitas A, Jacques A, Godin G, Luconi F, Grimshaw J and the CPD-KT team (2014) Development of a simple 12-item theory-based instrument to assess the impact of continuing professional development on clinical behavioral intentions. *PLoS ONE* 9(3): e91013. doi:10.1371/journal.pone.0091013.



Please answer each of the following questions by indicating the number that best describes your opinion about the behavior indicated. Some of the questions may appear to be similar, but they do address somewhat different aspects of the behavior stated.

1. I intend to *[behavior]*.

Stongly disagree				Stongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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2. To the best of my knowledge, the percentage of my colleagues who *[behavior]* is:

0-20%	21-40%	41-60%	61-80%	81-100%
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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3. I am confident that I could *[behavior]* if I wanted to.

Stongly disagree				Stongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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4. *[Behavior]* is the ethical thing to do.

Stongly disagree				Stongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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5. For me, *[behavior]* would be:

Extremely difficult				Extremely easy		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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6. Now think about a co-worker whom you respect as a professional. In your opinion, does he/she *[behavior]*?

Never				Always		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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7. I plan to *[behavior]*.

Strongly disagree				Strongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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8. Overall, I think that for me *[behavior]* would be:

Useless				Useful		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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9. Most people who are important to me in my profession *[behavior]*.

Stongly disagree				Stongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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10. It is acceptable to *[behavior]*.

Stongly disagree				Stongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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11. I have the ability to *[behavior]*.

Stongly disagree				Stongly agree		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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12. Overall, I think that for me *[behavior]* would be:

Harmful				Beneficial		
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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*[behavior]*\* to be adapted for each CPD activity according to the objectives proposed for the activity

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